Positive Behaviour Support

Who is this course aimed at?
This course is aimed at anyone involved in Positive Behaviour Support

Course Aims
To be able to identify and de-escalate behaviour of concern safely and effectively using positive behaviour support techniques.

Learning Outcomes

- Understand what Positive Behaviour Support is.
- Understand what a Behaviour of Concern is.
- Be able to recognise the different types of Behaviour of Concern.
- Be able to identify common triggers.
- Be able to identify causes and underlying factors.
- Understand the difference between common triggers and causes.
- Be able to identify signs of escalation.
- Know how to assess a situation that may lead to a Behaviour of Concern.
- Understand the importance of de-escalating yourself and how this can be done.
- Understand what is meant by Positive de-escalation.
- Know where to find distraction techniques and when it is appropriate to use them.
- Be able to read body language.
- Understand how to use your listening skills.
- Understand the importance and what is required in a handover.

Course available as

E-Learning
Course Length: 45 Minutes

Contact Us
For more information, or to book any of our courses, please contact us on 01706 375578