

Health and Safety Awareness

Mandatory

Who is this course aimed at?

This course is aimed at all those working in professional settings.

Course Aims

To understand responsibilities and protocol regarding Health and Safety.

Learning Outcomes

- Understand what Health and Safety means.
- Know your responsibilities and those of your employer.
- Understand the relevant Health and Safety legislations.
- Be aware of tasks that will require special training.
- Be aware of common accidents and sudden illnesses.
- Know what to do in an emergency.
- Understand how to create a Risk Assessment.
- Understand methods of working safely with hazardous materials
- Know methods and procedures to prevent fires.
- Recognise the symptoms, causes and treatment for work related stress.

Course available as

E-Learning

Course Length: 45 Mins

Face to Face

Course Length: 3 Hours

Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578